

YOUTH SPORTS GYMNASTICS

Youth Sports Virginia Training Center, Inc 14023 Noblewood Plaza Woodbridge, VA 22193

STUDENT NAME: _____ **PARENT'S NAME:** _____

ADDRESS: _____ **ZIP:** _____

STUDENT DATE OF BIRTH: _____ **PHONE:** _____ **EMAIL:** _____

Safe to Return Wellness Agreement

Due to the spread of COVID-19, we need to make sure all those coming into the building are well. Please check through this list below and if your child can answer YES to ANY of these then they will not be able to enter the gym or return until symptom free. We will also be checking temperatures at the door and confirm that they are still symptom free.

- FEVER over (100.4°F or higher) or a sense of having a fever.
- SHORTNESS OF BREATH new shortness of breath or difficulty breathing that you cannot attribute to another health condition.
- COUGH, CHILLS or SORE THROAT, or LOSS OF TASTE/SMELL that you cannot attribute to another health condition.
- New MUSCLE ACHES (myalgia) that you cannot attribute to another health condition, or that may have been caused by a specific activity (such as physical exercise)
- Have you had a positive test for the virus that causes COVID-19 disease within the past 10 days?
- In the past 14 days, have you had close contact (within about 6 feet for 15 minutes or more) with someone with suspected or confirmed COVID-19?

I've read the above and agree.

Parent/Guardian Signature: _____ **Date:** _____

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STUDENT NAME: _____ PARENT'S NAME: _____

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RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT ("AGREEMENT")

In consideration of participating in one or more programs (each an "Activity") of YOUTH SPORTS VIRGINIA TRAINING CENTER, INC. d.b.a. YOUTH SPORTS GYMNASTICS ("Youth Sports"), I represent that I understand the nature of such Activity and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the Activity. I fully understand that this Activity involves risks of bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of one or more of the "Releasees" named below; and I further understand that there may be some risk of contracting the COVID-19 virus or other similar virus; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, cost, and damages I incur as a result of my participation in the Activity.

I understand that Youth Sports is permitting individuals to enter the premises and participate in Activities despite the ongoing spread of COVID-19, commonly known as "the Corona Virus," and other similar viruses. Despite Youth Sports taking all reasonable steps to prevent the spread of infectious disease, I understand that I might contract this virus at Youth Sports. I further understand that the facts, circumstances, situation, and advised response to COVID-19 is constantly changing, and Youth Sports has no reliable way to keep fully abreast of this information. Therefore, I will not rely on Youth Sports permission for entry onto its premises as a determination that such entry is safe or advisable, even if done in accordance with Center for Disease Control guidelines, Commonwealth of Virginia guidelines, federal guidelines, local guidelines, and/or any other statutes, regulations, guidelines. All persons who enter the premises of Youth Sports do so at their own risk and peril. I, therefore, agree to assume and take on myself all the risks and responsibilities in any way associated with my entry onto the premises of Youth Sports.

I hereby release, discharge, and covenant not to sue Youth Sports or any of its subsidiaries, its respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises in which the Activity takes place, (each a "Releasee" herein) from all liability, claims, demands, losses, or damages, on my account caused or alleged to be caused in whole or in part by the negligence of one or more Releasee or otherwise, including negligent rescue operations and further agree that if, despite this release, waiver of liability, and assumption of risk I, or anyone on my behalf, makes claim against any of the Releasees, I will indemnify, save, and hold harmless each of the Releasees from any loss, liability, damage, or cost, which any may incur as the result of such a claim.

I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, and understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and further agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

PARENTAL CONSENT

AND I, the parent and/or legal guardian of the minors identified below (each a "Minor"), understand the nature of the above referenced Activities and I am aware of the Minor's experience and capabilities and believe the Minor to be qualified to participate in such Activity. I also certify that I have taken all reasonable steps to ensure that neither I, nor the Minor, are contagious before entering the Youth Sports facility. I hereby release, discharge, covenant not to sue and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, loses or damages on the Minor's account caused or alleged to have been caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the Minor, or anyone on the Minor's behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any Releasees may incur as the result of any such claim.

I've read the above and agree.

Parent/Guardian Signature: _____ Date: _____